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## What is Domestic Violence?

Domestic violence is a pattern of violent and coercive behaviors between individuals involved in intimate or familial relationships. It involves the use of verbal, emotional, psychological, sexual, economic and physical forms of abuse by one individual or group of individuals to maintain power and control over another person.

Domestic violence can range from:

- ◆ Pushing
- ◆ Shoving
- ◆ Hitting
- ◆ Slapping
- ◆ Stalking
- ◆ Forced sex
- ◆ Taking a life
- ◆ Intimidation
- ◆ Name calling
- ◆ Criticizing
- ◆ Humiliation
- ◆ Threatening
- ◆ Mind games
- ◆ Threats of deportation
- ◆ Economic control
- ◆ Verbal Attacks
- ◆ Threat of harming or removing children

## How does Domestic Violence Affect Asian/Pacific Islander (A/PI) Communities?

A/PIs are one of the fastest growing populations in the Washington, DC metropolitan area. Since 1990, the number of A/PIs living in DC increased by 39%, in Maryland by 73% and in Virginia by 95%. Domestic violence affects A/PI women regardless of economic, immigration or marital status. As more A/PI women choose to seek help, report domestic abuse to authorities, or leave abusive partners, they need support in overcoming cultural, linguistic, emotional, financial and/or immigration barriers.

## Domestic Violence Resources

If you or someone you know is in crisis, contact:

### Washington Metropolitan Area

DC Coalition Against Domestic Violence  
(202) 299-1181 / 9am - 5pm, M-F

House of Ruth (shelter)  
(202) 247-2777 / 24 hour hotline

Asian Pacific American Legal Resource Center (LRC)  
(202) 393-3LRC / 9am - 5pm

Asian Self-Help Association (ASHA)  
(301) 369-0134 / (888) 417-2742 (toll free)

Ayuda, Inc. (legal service)  
(202) 387-0434 / 9am - 5pm, M-F

DC Employment Justice Center (legal service)  
(202) 828-9675

My Sister's Place (shelter)  
(202) 529-5991 / 24 hour hotline

State of Maryland Domestic Violence Hotline  
(800) MD-HELPS (toll free) / 24 hour hotline

State of Virginia Domestic Violence Hotline  
(800) 838-8238 / 24 hour hotline

Tahirih Justice Center (legal service)  
(703) 237-4554

Women Empowered Against Violence, Inc. (WEAVE)  
(202) 452-9550 / 9am - 6pm, M-F

### National

Family Violence Prevention Fund  
(415) 252-8900 / 9am - 5pm, M-F  
(800) END-ABUSE

National Domestic Violence Hotline  
(800) 799-SAFE / 24 hour hotline  
(800) 787-3224 (TDD)

This brochure was funded by the DC Family Services Administration through a Family Violence Prevention Services grant. 10/04



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DVRP  
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www.DVRP.org

## The Asian Pacific/Islander Domestic Violence Resource Project's Mission:

To address and prevent domestic violence in Asian/Pacific Islander communities in the Washington, DC metropolitan area.

DVRP's goals are:

- To ensure that abused A/PI women have access to culturally and linguistically responsive resources in order to make their own life choices;
- To raise awareness about the problem of domestic violence; and
- To unite A/PI communities against domestic violence.

## Who is the Asian/Pacific Islander Domestic Violence Resource Project (DVRP)?

DVRP is a diverse group of women and men committed to preventing domestic violence in A/PI communities in the metropolitan Washington DC area. DVRP's staff, board of directors and volunteers offer a diverse range of cultural competency and language skills representing the following ethnic groups: Bengali, Chinese, Filipina, Hmong, Japanese, Korean, Irani, Indian, Nepali, Pakistani, and Vietnamese. They are also members of various religious communities including Christian, Hindu, Muslim and Buddhist.

DVRP is a non-hierarchical organization which is built upon mutual respect, shared responsibility, trust and equality, and is supported by a collaborative style of leadership. DVRP strives to foster collaboration with all people and communities to end various forms of oppression.

## Programs:

### Advocates Program

Provides free and confidential services to A/PI women in past or present abusive relationships to increase their access to resources and improve their safety, including:

- information about domestic violence;
- peer support;
- safety planning;
- interpretation and translation;
- accompaniment to court, legal and social service providers;
- referrals for shelter, legal and social services;
- financial empowerment and life skills development; and
- other support services, as needed.

### Community Outreach Program

Increases awareness about the dynamics and impact of domestic violence in Asian/Pacific Islander communities in the Washington, DC metropolitan area through:

- educational workshops, presentations, trainings;
- film screenings;
- community dialogues;
- dissemination of educational materials;
- enlisting community members as supporters and allies

### Technical Assistance Program

Assists service providers in order to increase culturally-appropriate services available to abused A/PI women through:

- Workshops and staff trainings on cultural competency and how to work with abused A/PI women; and
- Individual case management collaborations.

## Get Involved with DVRP

- ◆ Learn about domestic violence and its implications for Asian/Pacific Islander women.
- ◆ Invite DVRP educators to conduct presentations and trainings at your church, mosque, temple, community organization, and school.
- ◆ Volunteer or intern at DVRP.
- ◆ Donate to DVRP. (*DVRP depends on the contributions of people like you to continue our programs.*)
  - Yes, I would like to support DVRP.** Enclosed is my tax deductible donation of:  \$500  \$250  \$100  \$75  \$50  Other \$ \_\_\_\_\_  
 My employer will match my donation.
  - Yes, I would like to volunteer.** Please contact me to discuss available volunteer opportunities.
  - Yes, put me on your e-mail listserv** so I can learn of your activities.

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

E-mail: \_\_\_\_\_

Telephone: \_\_\_\_\_

Return to:  
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