



Asian/Pacific Islander Domestic Violence Resource Project

Integrative Wellness Practitioner – DMV (Contract Role, 10 hours per week)

Asian/Pacific Islander Domestic Violence Resource Project (A/PI DVRP) supports and mobilizes Asian/Pacific Islanders to build safer communities by responding to harm and striving to end gender and power-based violence. Since 1995, The Asian/Pacific Islander Domestic Violence Resource Project (DVRP) has provided services to survivors of domestic violence in Washington DC, Maryland and Virginia. It is an organization that was founded by survivors and continues to be survivor-led and driven.

POSITION SUMMARY

The Integrative Wellness Practitioner is a contract role (approximately 10 hours per week) working in collaboration with DVRP's Survivor Services Program to provide integrative, trauma-informed wellness support to DVRP clients in the DC Metro area.

This focuses on supporting survivors' healing and well-being through holistic practices that address the mind, body, and emotional impacts of trauma. Services may include somatic practices, mindfulness, energy healing, body-based trauma recovery approaches, or other integrative wellness modalities.

While this role is primarily virtual, the practitioner may be requested to attend in-person sessions, workshops, or meetings on occasion, including at least once per quarter.

The Integrative Wellness Practitioner will work in collaboration with the Survivor Services Program Director.

Note: DVRP currently does not provide supervision for LGPC or LMSW candidates.

CONTRACT STATUS

This role is classified as an independent contractor position. The selected candidate will operate with a high level of autonomy and is responsible for managing their own schedule within program needs, maintaining, appropriate licensure, and ensuring compliance with all applicable professional and legal requirements.

DIRECT CLIENT SERVICES:

Provide trauma-informed, culturally responsive wellness sessions to survivors of domestic violence and gender-based violence.

Offer individual integrative wellness sessions using approaches such as:

- Somatic practices
- Mindfulness and meditation
- Breathwork and grounding practices
- Energy healing modalities
- Body-based trauma recovery techniques
- Other holistic healing approaches that support emotional and physical regulation

Support survivors in developing tools to manage stress, anxiety, trauma responses, and emotional overwhelm.

Work collaborately with DVRP advocates and case managers to ensure wellness services complement survivor support plans.

Facilitate wellness-focused workshops, healing circles, or group sessions for clients when appropriate.

Provide referrals or recommendations for additional healing resources when needed.

REPORTING:

- Maintain basic session documentation and service tracking in alignment with DVRP reporting requirements.
- Provide monthly summaries of sessions conducted and services delivered.
- Ensure client confidentiality and maintain proper records in accordance with professional standards and DVRP policies and guidelines.

MISSION AND VISION PROMOTION:

- Promote an atmosphere of teamwork and collaboration to support DVRP initiatives.
- Attend and contribute to staff meetings and internal meetings as requested.
- Participate in DVRP community education programs, healing workshops, or events when appropriate.
- Support DVRP's commitment to culturally grounded healing practices and survivor-centered services.

QUALIFICATIONS / EXPERIENCE:

- . Must hold a valid Social Work or Counseling license (LMSW, LPC, or LICSW).
- Must be able to practice in District of Columbia, Maryland and Virginia
- Master's degree (in Counseling or Social Work) from an accredited University required
- Certification, training, or demonstrated experience in integrative wellness, somatic healing, mindfulness-based practices, energy healing, or related modalities required.
- Demonstrated experience providing wellness or healing services, preferably with survivors of trauma, domestic violence, or marginalized communities.
- Strong understanding of trauma-informed and survivor-centered practices.

- Experience working with the Asian/Pacific Islander community preferred.
- Commitment to DVRP’s mission, values, and collaborative work environment.
- Excellent interpersonal and communication skills.
- Ability to work independently, manage time effectively, and deliver services with minimal oversight.
- Fluency in at least one Asian/Pacific Islander language preferred (Mandarin, Cantonese, Vietnamese, Japanese, Urdu, Hindi, etc.).
- Experience working in a nonprofit or community-based organization preferred.
- Proficiency in basic computer applications and virtual platforms.

COMPENSATION

Compensation for this role is \$80 per hour. This is an independent contractor position, not an employee role. This position is not eligible for benefits including health insurance, paid time off, or other employee benefits. The contractor is responsible for their own taxes, insurance, and business expenses.

Application Process:

Please email resume, cover letter, and 3 references to hr@dvrp.org with the title “**Integrative Wellness Practitioner**”. We will review applications on a rolling basis until **June 4th, 2026**. Incomplete applications will not be reviewed. No phone calls, please!

DVRP is committed to equal opportunity in employment and, in accordance with the District of Columbia Human Rights Act of 1977, as amended, does not discriminate on the basis of “race, color, religion, national origin, sex, age, marital status, personal appearance, sexual orientation, gender identity, family responsibilities, matriculation, political affiliation, genetic information, disability, source of income, and place of residence or business.